

URBAN-ULTRA™



GET OUT THERE



GEAR LIST

RECOMMENDED GEAR

WE ADVISE THAT YOU CONSIDER TAKING THE FOLLOWING TO LEAVE AT THE REST AREA FOR YOUR COMFORT AND ENJOYMENT OF THE EVENT.

- 1. BLISTER KIT**
- 2. TENT MAT, PILLOW, EARPLUGS, EYEMASK**
- 3. HEADLAMP/BATTERIES**
- 4. SUNGLASSES**
- 5. PEAKED HAT WITH OR WITHOUT NECK FLAP**
- 6. SUNSCREEN**
- 7. SMALL SCISSORS**
- 8. LIGHT JACKET/FLEECE/LEGGINGS/HAT**
- 9. SPARE DUCT TAPE**
- 10. ENERGY GELS/NUTRITION**
- 11. COOLBOX WITH PERSONAL FOODS**
- 12. MEDICATION** (Tylenol, Aspirin, etc.)
Anti-inflammatory tablets (Voltaren, Ibuprofen, etc.)